

To Register:

1. Join our Facebook Group to stay in touch: <https://www.facebook.com/groups/younggot30>
2. Go to <https://howdyhealth.org/programs/howdy-health-registration>
3. Complete registration. Things to remember:
 - a. Select Young County
 - b. Give the validation email a moment to get to your inbox. Email is from Howdy Health.
4. Once verified, login with login credentials
5. Choose whether your profile is a YOUTH or an ADULT profile
 - a. Youth cannot be on adult teams.
 - b. Youth can create their own teams.
6. Do *not* create a league! You want to **JOIN a league!**
7. You will create a team or join a team. (If you are joining a team, you'll need the team code set up by your captain.)
 - a. ADULT League Name: Young County Adult WAT
 - b. ADULT League Code: watL-230227-00667
 - c. YOUTH League Name: Young County Youth WAT
 - d. YOUTH League Code: watLY-230209-28540

*In detail instructions on <https://young.agrilife.org/fch/wat23/>

To Login:

1. Go to <https://howdyhealth.org/programs/>
2. Use login and password

To Add Team Members: **Only team coaches need to login to add youth teammates.*

1. Once logged in, go to "Team Profile." Click on Team Name.
2. Add members by email or provide "Team Code" to teammates.

To Record Miles: **Each team member must submit their own miles.*

1. Login to Howdy Health portal.
2. On your WAT! ADULT: DASHBOARD select "Enter Mileage Walked"
3. On your WAT! YOUTH: DASHBOARD select "Enter Mileage Walked"
4. Follow instructions on screen.
5. YOUTH will have to enter team's mileage collectively.
6. Track team progress by going to "View Team" from the Dashboard.

For More Information on Young County Walk Across Texas: <https://young.agrilife.org/fch/wat23/>



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